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CONGRESS VENUE

Sapienza Università di Roma Aula Magna del Rettorato Piazzale Aldo Moro, 5 • 00185 Roma

CONTINUING MEDICAL EDUCATION

Italian CME credits have been requested for Physicians (psychiatry, neurology, infant neuropsychiatry, pediatrics, forensic medicine, hygiene, pharmacology and toxicology, epidemiology, family medicine); Psychologists (psychology and psychotherapy); Pharmacists; Nurses; Physiotherapists; Speech Therapists; Occupational Therapists.

EDUCATIONAL OBJECTIVE

Application of the principles and procedures of evidence-based practice in daily practice



HANGING THE NARRATIVE ON SUICID

World Suicide Prevention Day 10 September

Start the conversation



PRESIDENT OF THE SYMPOSIUM: Maurizio Pompili

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22nd EDITION

President of the Symposium: **Maurizio Pompili**



SAPIENZA Università di Roma

18th-19th September 2024

Aula magna del Rettorato piazzale Aldo Moro 5, Rome

WEDNESDAY 18th SEPTEMBER 2024

- 09.00 Delegate Registration
- 09.30 Opening remarks Maurizio Pompili (Rome) Chairs: Zoltan Rihmer (Budapest),

Marco Sarchiapone (Campobasso)

- **10.00** Smoking, health perspectives, and suicide risk **Dorian A. Lamis** (Atlanta)
- **10.30** Suicide in older adults: prevent isolation, improve empowerment

Diego De Leo (Padua)

11.00 From grains of sand to stars in the sky: esketamine and new treatments beyond monoamines in suicide prevention Xenia Gonda (Budapest)

Special Lecture Exceptional Public Service Award in Suicidology

11.45 Introduction: Maurizio Pompili (Rome)

Empowering Suicide Reduction Globally with Improved Universal Risk Detection using the Columbia Protocol as the Hub of the Public Health Approach – Leveraging Technology and Increasing Knowledge to Elevate Standards of Care **Kelly Posner Gerstenhaber** (New York)

13.00 Break

INAUGURAL OPENING SESSION

14.00 Magnificent Rector of the Sapienza University of Rome **Antonella Polimeni**

Dean of the Faculty of Medicine and Psychology, Sapienza University of Rome

Erino A. Rendina

Director General of the Sant'Andrea University Hospital

Daniela Donetti

14.15 Introduction: Maurizio Pompili (Rome)

Kevnote Address

14.30 The need for a broader and more rational use of psychotherapy, and for greater attention to real-life user experience, in daily clinical practice Mario Maj (Naples)

Lifetime Achievement Award

15.15 Mood Disorders and Creativity **Kay Redfield Jamison** (Baltimore)

Exceptional Contribution Award in Psychiatry and Psychotherapy

16.00 Introduction: Vittorio Lingiardi (Rome)

16.10 Past, present, and future of psychodynamic psychiatry **Glen O. Gabbard** (Houston)

Chairs: Antonio Vita (Brescia), Gabriele Sani (Rome)

- **16.50** Mental Health today: tradition, innovation and new treatment paradigms **Andrea Fiorillo** (Naples)
- 17.10 Cognitive symptoms, apathy and anhedonia in major depressive disorders: from unmet need to treatment options Christoph U. Correll (Berlin/New York)
- 17.30 Therapeutic perspectives in schizophrenia: clinical experience and innovations in therapy Andrea Fagiolini (Siena)
- 17.50 Prevention of suicidal behavior with lithium treatment in patients with recurrent mood disorders

 Leonardo Tondo (Cagliari/Boston)
- **18.10** Closing remarks **Maurizio Pompili** (Rome)

THURSDAY 19th SEPTEMBER 2024

08.45 Institutional Greetings
President of the Italian Society of Psychiatry **Liliana Dell'Osso** (Pisa)

09.00 Introduction

Moderatori: **Serafino De Giorgi** (Lecce), **Massimo Pasquini** (Rome)

- **09.10** Loneliness and insecurity in modern society **Alberto Siracusano** (Rome)
- 09.35 Factors associated with lifetime suicide attempts in bipolar disorder: results from an Italian nationwide study
 Bernardo Dell'Osso (Milan)

Special Lecture

10.00 Using clinical guidelines and current research to optimise management of patients with TRD in the short- and long-term Roger S. McIntyre (Toronto)

- **10.40** "The good, the bad and the ugly" of suicide prevention **Maurizio Pompili** (Rome)
- **11.00** Break

Chairs: Stefano Ferracuti (Rome), Giuseppe Nicolò (Rome)

11.30 Early traumas and psychopathological emotional developments

Mario Amore (Genoa)

- 11.50 Suicide attempts and mortality in Piedmont: a regional study
 Giuseppe Maina (Turin)
- 12.10 Cognitive disorders and unmet needs in schizophrenia: new pharmacological and psychotherapeutic perspectives Antonio Vita (Brescia)
- **12.30** Management of depression with substance-use **Giovanni Martinotti** (Chieti)
- 13.00 Patient journey in schizophrenia: from onset to ongoing care
 Umberto Albert (Trieste)
- 13.30 Break

Round Table Discussion

- 14.30 Chairs: Giorgio Di Lorenzo (Rome), Umberto Volpe (Ancona)
- 14.35 Psychological characteristics of women with perinatal depression who require psychiatric support during pregnancy or postpartum: a cross-sectional study
 Cinzia Niolu (Rome)
- 14.50 Psychiatric treatment for ethnic minorities in hospital and local health care centres: results from the NOMIAC study Giuseppe Carrà (Milan)
- **15.05** Anxiety and insomnia: implications for suicide risk? **Gianluca Serafini** (Genoa)

Special Lecture

15.35 Depression and mental pain: similarities and differences Marco Innamorati (Rome)

Closing Session

Chair: Lorenzo Tarsitani (Rome)

- 16.25 Suicide risk and prolonged grief disorder: implications for mood disorders Claudia Carmassi (Pisa)
- 16.55 Patient narratives with treatment-resistant depression during esketamine therapy Domenico De Berardis (Teramo)
- 17.10 Poster Awards
- **17.40** Concluding remarks and future perspectives **Maurizio Pompili** (Roma)
- **18.00** Closing